

Report on Mentoring and Counselling Cell, July 2024 to June 2025

➤ Meeting minutes for the Preparation of the Mentor-Mentee list 2024.

Mentoring and Counselling Committee

Dated: 24.07.2024

A committee meeting was convened to discuss allotting mentees of the first semester students to the teachers for mentoring and counselling and also for inauguration of the counselling center in the college. All the members of the committee were present for the meeting. Following are the agenda discussed and approved-

1. First semester students are to be allotted mentors. For this, the different members in the committee have been allotted charge over the departments according to the following scheme-

Teacher in charge	Department
Mrs. Diesino Soho	Economics & History
Mrs. Lona Katiry	Education & Sociology
Dr. Petevino Chase	Political Science, Functional English, EVS & Tenyidie
Ms. Khekali Sema	B.Com. & English

2. Inauguration of Students' Counselling Center in collaboration with Education Department, KCK at the college. For this, the tentative date has been fixed on 6th August 2024.

A draft of the order of the Programme has been chalked out as follows:

Leader: Education Department
Short Speech: Convenor, Mentoring & Counselling Cell
Inaugural Speech: Principal, KCK
Cutting of the Ribbon:
Recorder: Khekali

3. Orientation of the students for Mentoring and counselling sessions. For this, it was decided that on consultation with the Carl Rogers Institute of Mental Health and Research Centre, Kohima orientation for three days will be done for the students of the fifth semester in parallel sessions. Details of these sessions will be worked out on a later date.

Members present in the meeting:



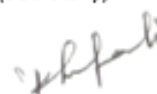
1. Mrs. Lona Katiry
(Convenor)



2. Mrs. Diesino Soho
(Member)



3. Dr. Petevino Chase
(Secretary)



4. Ms. Khekali Sema
(Member)

Actions taken: Mentor-mentee list 2024 was prepared as follows, with required instructions to be followed by the mentors and mentees.

Mentoring and Counselling Cell, Kohima College, Kohima

Dated: 29-August 2024

Information

- ✓ List of mentees from the 1st semester (2024-2025) has been prepared, and each mentor has been assigned his/her list of mentees.
- ✓ Kindly continue assessing your own mentees from the 3rd and 5th semesters as well.
- ✓ From this semester onwards, an amount of Rs 20 will be realised from each student for the mentoring record booklet.
- ✓ If the mentoring record booklet is misplaced by the mentor/mentee, he/she will be required to buy a replacement from the Mentoring and Counselling cell by paying Rs 20.

Regarding the Students' Counselling Centre

As you are aware that the students' counselling centre has been set up and an MoU signed with Carl Rogers Institute of Mental Health and Research Centre (CRIMHRC), please take note of the following points:

- ✓ The counsellors from the centre will come to the college three times a month (3 hours each day).
- ✓ The charges for individual counselling are fixed at Rs 500 and Group counselling at Rs 300 per student. However, the college will bear 80% of the fees, i.e., Rs 400 per individual counselling and Rs 240 each for Group counselling. The remaining 20% of the fees shall be borne by the students availing the service, i.e., Rs 100 and Rs 60 for individual and group counselling, respectively.
- ✓ Mentors are requested to identify students who require professional counselling services and refer them to the centre after getting their consent.
- ✓ Mentors can forward the names of the students wanting to avail the counselling service to
 1. Ms Khekali Sema- 8575759957
 2. Ms Sangerchila Ozukum- 8014896147
- ✓ Mentors are requested to maintain the confidentiality of the identity of the students referred to the centre.

Mentoring list 2024

POLITICAL SCIENCE (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MRS TIAKUMLA JAMIR	1	POLITICAL SCIENCE	430	A BAUMONG PHOM
	2	POLITICAL SCIENCE	431	A LINGO KONYAK
	3	POLITICAL SCIENCE	432	ALONGDI SANGTAM
	4	POLITICAL SCIENCE	433	ARE SHUPAO
	5	POLITICAL SCIENCE	434	ASALŪ KEYHO
	6	POLITICAL SCIENCE	435	BENRITHUNG KIKON
	7	POLITICAL SCIENCE	436	CHAIMEI LAULYM
	8	POLITICAL SCIENCE	438	DIEZEVITO CHASE
	9	POLITICAL SCIENCE	439	DZIESEKHRIETUO THEUNUO

POLITICAL SCIENCE (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
DR KONEI NAKHRO	1	POLITICAL SCIENCE	440	ELANTHUNG S PATTON
	2	POLITICAL SCIENCE	441	ERENBENI MURRY
	3	POLITICAL SCIENCE	442	GULAM ANSARI
	4	POLITICAL SCIENCE	443	GWASENLE KHING
	5	POLITICAL SCIENCE	444	H YONGLONG KONYAK
	6	POLITICAL SCIENCE	445	HEIHNON N KONYAK
	7	POLITICAL SCIENCE	446	HOTSULA
	8	POLITICAL SCIENCE	447	HŪNIELŪ VADEO
	9	POLITICAL SCIENCE	448	J BUSHEM

**POLITICAL SCIENCE (MENTOR-MENTEE) LIST
2024****MENTOR**

DR KETOUKHRIÛ

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9**1ST SEMESTER****DEPARTMENT**POLITICAL
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SCIENCE**ROLL
NO**449
450
451
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458**MENTEES**JACINTA R ODYUO
JOCHUHYULO KHING
JOSHUA LUGUN
KEKHRIESEBI GWIRIE
KEKHRIESENUO CHRISTINA
SOGOTSU
KETHOZELHOU KHRO
KEVI SEYIE
KEVICHÛLHOU KIRE
KEVILHOUBEI-Û RIO**POLITICAL SCIENCE (MENTOR-MENTEE) LIST
2024****MENTOR**

MRS KEVINGONU ROSE ROLNU

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NO.**1
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9**1ST SEMESTER****DEPARTMENT**POLITICAL
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SCIENCE**ROLL
NO**459
460
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467**MENTEES**KEVINEINUO SUOKHRIE
KEVIYIENUO SUOKHRIE
KEVIZAKIE K KUOTSU
KHIASUTHONG
KHRIEKEDUONUO METHA
KONGNIU M
KUSHO
KUTHOKU LALA
L PHAYING KONYAK

**POLITICAL SCIENCE (MENTOR-MENTEE) LIST
2024****1ST SEMESTER**

MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MRS ASE YALIE	1	POLITICAL SCIENCE	468	LAM P
	2	POLITICAL SCIENCE	469	LEVI LANGKITHONGRU
	3	POLITICAL SCIENCE	470	LIJONG
	4	POLITICAL SCIENCE	471	LIRHUWE VADEO
	5	POLITICAL SCIENCE	472	LIYANI LOTH A
	6	POLITICAL SCIENCE	473	LORENBENI ROSE SHITIRI
	7	POLITICAL SCIENCE	474	LUNSHITO
	8	POLITICAL SCIENCE	476	MANKON KONYAK
	9	POLITICAL SCIENCE	477	MEDOLHOU RIO

**POLITICAL SCIENCE (MENTOR-MENTEE) LIST
2024****1ST SEMESTER**

MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MRS DZIESEBEINUO YHOME	1	POLITICAL SCIENCE	478	MEDOZELHU RATSA
	2	POLITICAL SCIENCE	479	MENOLHUKHO NISA
	3	POLITICAL SCIENCE	480	MERŪBEINUO ZUMU
	4	POLITICAL SCIENCE	481	MERŪSENUO METHA
	5	POLITICAL SCIENCE	482	METHLOW Y S
	6	POLITICAL SCIENCE	483	MHASIVONUO SOLO
	7	POLITICAL SCIENCE	484	MOAI YANLEM
	8	POLITICAL SCIENCE	485	MONGYO SL
	9	POLITICAL SCIENCE	486	NANCY KIKON

**POLITICAL SCIENCE (MENTOR-MENTEE) LIST
2024****MENTOR**

MRS VENGOTALŪ VERO

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9**1ST SEMESTER****DEPARTMENT**POLITICAL
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SCIENCE**ROLL
NO**487
488
489
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497**MENTEES**NANGYA YONGTESHU
NEIKERHETUO CHIELIE
NEIPHREZO TSIRA
NITOVA N KINIMI
NOKEKUNU LTU
NOSEKHONU THOL
NUKUVOLU VENYO
NYITIYA TEP
OPEI CHIPEN CHANG**POLITICAL SCIENCE (MENTOR-MENTEE) LIST
2024****MENTOR**

MS. LASHILI G. CHISHI

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9**1ST SEMESTER****DEPARTMENT**POLITICAL
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POLITICAL
SCIENCE
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POLITICAL
SCIENCE**ROLL
NO**498
499
500
501
502
503
504
505
506**MENTEES**OPONLUMI T KIKON
PAOTINTONG KHONGSAI
PESHIE K
PETENEILHOU KHEZHIE
PHOPA KONYAK
RAPFŪLŪ MEDEO
ROHOSE K YEPTHO
ROKOLHOUSIENUO
RŪGUOZETUO KIRE

POLITICAL SCIENCE (MENTOR-MENTEE) LIST 2024**1ST SEMESTER**

MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MR MHAEVOLIE SOLO	1	POLITICAL SCIENCE	507	RÜNI POJAR
	2	POLITICAL SCIENCE	508	RUOVHULIE KUOTSU
	3	POLITICAL SCIENCE	509	SANJU SAHANI
	4	POLITICAL SCIENCE	510	SEDEVINUO KIRE
	5	POLITICAL SCIENCE	511	SEYIEVIZO CHIELIE
	6	POLITICAL SCIENCE	512	SHANGLI SANGTAM
	7	POLITICAL SCIENCE	513	SUPAO LAM
	8	POLITICAL SCIENCE	514	T KERELA
	9	POLITICAL SCIENCE	515	TAHKHAH M KONYAK

ENVIRONMENTAL SCIENCE (MENTOR-MENTEE) LIST 2024**1ST SEMESTER**

MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MS. MEDOSENSO THAPO	1	POLITICAL SCIENCE	516	TEMTEM L KONYAK
	2	POLITICAL SCIENCE	517	TESEMING
	3	POLITICAL SCIENCE	518	THAITHANLIU
	4	POLITICAL SCIENCE	519	THEJANGUTUO THEVO
	5	POLITICAL SCIENCE	520	THEJOZO RHAKHO
	6	POLITICAL SCIENCE	521	TSHINGSHEY PERI
	7	POLITICAL SCIENCE	522	TSILICHUM T SANGTAM
	8	POLITICAL SCIENCE	523	UTUPOLU SWURO
	9	POLITICAL SCIENCE	524	VESETOLU RESU
	10	POLITICAL SCIENCE	525	VETSÜKHOLÜ SWÜRO

**ENVIRONMENTAL SCIENCE (MENTOR-MENTEE) 1ST SEMESTER
LIST 2024**

MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
DR PETEVINO CHASE	1	POLITICAL SCIENCE	526	VIHELIE MERE
	2	POLITICAL SCIENCE	527	VIHOTONU PUCHO
	3	POLITICAL SCIENCE	528	VIHUNUO VICTORIA
	4	POLITICAL SCIENCE	529	VIKETOULIE SEMOU
	5	POLITICAL SCIENCE	530	VIVOTO MEKRO
	6	POLITICAL SCIENCE	531	WATI LKR
	7	POLITICAL SCIENCE	532	WECHING P M
	8	POLITICAL SCIENCE	533	YATUONUO USOU
	9	POLITICAL SCIENCE	534	YAVIZONO MIASALHOU
	10	POLITICAL SCIENCE	535	YHUNTILO KESEN

**POLITICAL SCIENCE (MENTOR-MENTEE) LIST 2024 (BATCH OF 2023)
3RD SEMESER**

MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MR. MHALEVOLIE SOLO	1	POLITICAL SCIENCE	371	ACHOKA W TUNGOE
	2	POLITICAL SCIENCE	372	AHING ROKAM
	3	POLITICAL SCIENCE	373	AKHUMLA T JINGER
	5	POLITICAL SCIENCE	374	ALULA
	6	POLITICAL SCIENCE	375	ANGLONG C PHOM
	7	POLITICAL SCIENCE	376	ANILE TEP
	8	POLITICAL SCIENCE	377	ANNA Y
	9	POLITICAL SCIENCE	378	ATSU LOVELY

**FUNCTIONAL ENGLISH (MENTOR-MENTEE) 1ST SEMESTER
LIST 2024**

MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
1. DR ZIUZIU IHEULUNG	1	FUNCTIONAL ENGLISH	297	ATHSANGLA
	2	FUNCTIONAL ENGLISH	298	BWENSOLE TEP
	3	FUNCTIONAL ENGLISH	299	DIPILA KATIRY
	4	FUNCTIONAL ENGLISH	300	ERENO KIKON
	5	FUNCTIONAL ENGLISH	301	ESTHER CHETTRI
	6	FUNCTIONAL ENGLISH	302	HELEN TIJI
	7	FUNCTIONAL ENGLISH	303	HEUGWAMPOILE

**FUNCTIONAL ENGLISH (MENTOR-MENTEE) 1ST SEMESTER
LIST 2024**

MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
NEIKEHIENUO MEPFHÜO	1	FUNCTIONAL ENGLISH	304	K YIMCHAI PHOM
	2	FUNCTIONAL ENGLISH	305	KALIVI KAPPO
	3	FUNCTIONAL ENGLISH	306	MANLEM A KONYAK
	4	FUNCTIONAL ENGLISH	307	MULUNELU SAKHAMO
	5	FUNCTIONAL ENGLISH	308	MUNO P
	6	FUNCTIONAL ENGLISH	309	NAINA PRADHAN
	7	FUNCTIONAL ENGLISH	310	NGAMNYEI KONYAK

FUNCTIONAL ENGLISH (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MULUNGLEMBA DZÜVICHÜ	1	FUNCTIONAL ENGLISH	311	NIAKTING
	2	FUNCTIONAL ENGLISH	312	NIVIKA SHEQJ
	3	FUNCTIONAL ENGLISH	313	PANGCHUI KONYAK
	4	FUNCTIONAL ENGLISH	314	SEZOTALÜ DOZO
	5	FUNCTIONAL ENGLISH	315	SHA S
	6	FUNCTIONAL ENGLISH	316	SONGMO C
	7	FUNCTIONAL ENGLISH	317	SUSSANA M

FUNCTIONAL ENGLISH (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
CHERYL KEVICHÜSA	1	FUNCTIONAL ENGLISH	318	THSETSOMONG K THURR
	2	FUNCTIONAL ENGLISH	319	TSUJANG L
	3	FUNCTIONAL ENGLISH	320	TSULÜ LOHE
	4	FUNCTIONAL ENGLISH	321	TSÜTA HOSHI
	5	FUNCTIONAL ENGLISH	322	VILIKA Z SWU
	6	FUNCTIONAL ENGLISH	211	EVIRO
	7	FUNCTIONAL ENGLISH	231	KHUMJILA
	8	FUNCTIONAL ENGLISH	704	VIKITOLI K KIHO

TENYIDIE (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MHALEZOLIE KIRE	1	TENYIDIE	626	AKHRIE-Û SANCHU
	2	TENYIDIE	627	ALEBOUU YASHU
	3	TENYIDIE	628	CEKROZOLU RHAKHO
	4	TENYIDIE	629	DZÛZIENEINUO CHADI
	5	TENYIDIE	630	DZUZULU
	6	TENYIDIE	631	KEDOVIKHO MIASALHOU
	7	TENYIDIE	632	KEDOVITUO MIASALHOU
	8	TENYIDIE	633	KEDUOSIENUO SHÛYA
	9	TENYIDIE	634	KEKHRIESIELIE METHA
	10	TENYIDIE	635	KESOVONUO RÛLHO
	11	TENYIDIE	636	KETHOSILIE SOPFÛNUO
	12	TENYIDIE	637	KETOUZO SOPFÛNUO

TENYIDIE (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
DZIESEVITUO SACHÛ	1	TENYIDIE	638	KEVILEBEIÛ SANCHU
	2	TENYIDIE	639	KEVINGUNUO KHEZHIE
	3	TENYIDIE	640	KEVIZHANUO SANCHU
	4	TENYIDIE	641	KEZEVINUO METHA
	5	TENYIDIE	642	KHRIKETOUNUO SOPFÛNUO
	6	TENYIDIE	643	KHRIENEINUO THEÛNUO
	7	TENYIDIE	644	KHRIETSEIÛ THEPA
	8	TENYIDIE	645	KHRIETUOLIE KHRABVÛ
	9	TENYIDIE	646	KHRIETUONUO KENGURUSE
	10	TENYIDIE	647	KHRUVELU KHESOH
	11	TENYIDIE	648	KIKRULHOUNUO SEKHOSE
	12	TENYIDIE	649	KULUSALU

TENYIDIE (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
DR MEDONGULIE TSEIKHANUO	1	TENYIDIE	650	KŪVASETO RINGA
	2	TENYIDIE	651	LHUSITO
	3	TENYIDIE	652	LHŪTSULŪ
	4	TENYIDIE	653	MENGUTUONUO KEYHO
	5	TENYIDIE	654	MHALETUONUO THEŪNUO
	6	TENYIDIE	655	MHASHEVINŪ SALE
	7	TENYIDIE	656	MŪNŪLŪ LALA
	8	TENYIDIE	657	MŪRITALŪ RINGA
	9	TENYIDIE	658	NEIHENUO KEDITSU
	10	TENYIDIE	659	NEIHENUO MEPFHŪ-O
	11	TENYIDIE	660	NEIKETOUOLIE SORŪNUO
	12	TENYIDIE	661	NEILASEŪ CHIELIE

TENYIDIE (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
DR KEDUOLHOULIE BELHO	1	TENYIDIE	662	NEILASIENUO PFUKHA
	2	TENYIDIE	663	NEINGUSANUO MEZHŪ
	3	TENYIDIE	664	NEIPHREHU KIRE
	4	TENYIDIE	666	NEITSEIZONUO CHATSU
	5	TENYIDIE	667	NEIZEU YASHU
	6	TENYIDIE	668	NEIZOTUONUO THEPA
	7	TENYIDIE	669	NEIZOVINO CHALIE-U
	8	TENYIDIE	670	NIPHIVINO MOR
	9	TENYIDIE	671	NŪHŪVOLŪ TETSEO
	10	TENYIDIE	672	NUTSULU
	11	TENYIDIE	673	NUVOTA TETSEO
	12	TENYIDIE	674	PETEKHRIENUO SOPFŪNUO

TENYIDIE (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
MRS AKO SAVI	1	TENYIDIE	676	POVERU MEDEO
	2	TENYIDIE	677	RUGUOZENUO MEZHU
	3	TENYIDIE	678	RUKULU CHUZHO
	4	TENYIDIE	679	RUKUVOLU LOHE
	5	TENYIDIE	680	RUOKUOKHONUO RUTSA
	6	TENYIDIE	681	RUOPFÜVILIE
	7	TENYIDIE	682	RÜSENO
	8	TENYIDIE	683	RÜÜLHONUO THEVO
	9	TENYIDIE	684	SEVETO
	10	TENYIDIE	685	SHEBALÜ TENENU
	11	TENYIDIE	686	THEJAVIZO KEDITSU
	12	TENYIDIE	687	THEKRUZEVI THOU

TENYIDIE (MENTOR-MENTEE) LIST 2024		1ST SEMESTER		
MENTOR	SL. NO.	DEPARTMENT	ROLL NO	MENTEES
DR KELHOUKHRIENUO SEKHOSE	1	TENYIDIE	688	TUSOVE LOHE
	2	TENYIDIE	689	VEBUTOLU THELUO
	3	TENYIDIE	690	VEKUSALÜ LOHE
	4	TENYIDIE	691	VELISHO DOZO
	5	TENYIDIE	692	VETHIVO VERO
	6	TENYIDIE	693	VIKETOULIE PHEWHUO
	7	TENYIDIE	694	VILHONUO THEPA
	8	TENYIDIE	695	VILHOUSIELIE KEHIE
	9	TENYIDIE	696	VISISIETUO TSÜKRÜ
	10	TENYIDIE	697	VITUNUO
	11	TENYIDIE	698	BISELENUO CHAKRÜNO
	12	TENYIDIE	699	YOTO SHIJO

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
DR. THEYIESINUO KEDITSU	1	KETHOSILIE KUOSA	225
	2	KEVILETUO CHIETSÜ	226
	3	KEZHASEDE LHOUSA	227
	4	KHOLI YINGBITHONGER	228
	5	KHRIEZONGUNUO	229
	6	KHRUSHÜ POHENA	230
	7	KINGSOLA M	232
	8	KIVITOLI SHEQI	233
	9	KÜNÜSÜH	234
	10	LENGJOI WT	235

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
KHRIEZENUO ANGAMI	1	ALENTSULI YIMCHUNGER	192
	2	ALOKALI WOTSA	193
	3	ASINLE TEP	194
	4	ASOMAILA PHOM	195
	5	ATANLA YIMCHUNGER	196
	6	AVIBU KHANA	197
	7	AVITOLI KIHO	198
	8	AZELA K SANGTAM	199
	9	BEDUVOLU ZUYIE	200
	10	BESUTALU TETSEO	201
	11	BEWEÜ LASUSHE	202

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
LIMAJUNGLA JAMIR	1	CHETE-Ü KAPFO	203
	2	CHONGSOP	204
	3	CHONGTHEN	205
	4	DANGNIU N	206
	5	DENMEI CHINGKHUNG	207
	6	E LIDENO HUMTSOE	208
	7	ERIZO MERO	209
	8	ESTHER E NGULLIE	210
	9	EWEFI TRAKHA	212
	10	HAAN	213
	11	HEMOYA MAGH	214

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
SUNGJEMINLA	1	HONGPE	215
	2	JOJO TEP	216
	3	JONADAB DRONGTSA LEYRI	217
	4	JOYTSNA DAS	218
	5	K ARUMTSUBA	219
	6	KAMYESHA KEPPEN	220
	7	KEKHRIELEBEI-Ü RUTSA	221
	8	KELELHUWHENO KHATE	222
	9	KENEIPHRENUO SANCHU	223
	10	KENISENUO SEYIE	224

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
T. SANCHOLO KHUVUNG	1	RUVELI THELUO	266
	2	S KUNDANG SENLA	267
	3	SAMZAIZEULE	268
	4	SANGLOI N	269
	5	SEKHUMLA A	270
	6	SELHUVOLU TETSEO	271
	7	SEVEKHOLÜ DAWHUO	272
	8	SHANYELE KATH	273
	9	SHOKO MANGYANG	274
	10	SONLA CHANGBO	275

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
DR. EMISENLA JAMIR	1	LIETHIONGUNUO TACHU	236
	2	LIPAVI ACHUMI	237
	3	LIYA E KONYAK	238
	4	LOINOLI LOHE	239
	5	LOIS SEB	240
	6	LONGDIBA JINGER	241
	7	LONGKOL S	242
	8	LUDZULU KHUSOH	243
	9	LUNSOLA	244
	10	MANSHOM YN	245

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
DR. TEMJENRENLA OZUKUM	1	MENE-U WETSAH	246
	2	MENUOVONUO PIENYU	247
	3	MERCY M KONYAK	248
	4	MEZHUBEINUO KIRE	249
	5	MHABEMO EZUNG	250
	6	MHASIVINUO KHEZHIE	251
	7	MUSHOU	252
	8	MYANTHUNG JUNGIO	253
	9	NEILHOUSALIE RULHO	254
	10	NURHEVINUO SORHIE	255

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
C. VEZHOLU KOTSO	1	NUZENO NIENU	256
	2	NYIMANG TSUSOLA N	257
	3	PONOM KONYAK	258
	4	PURNIMA BHUJEL	259
	5	RAGAISIN KAMEI	260
	6	RAHAPFU POHENA	261
	7	RAZIINE	262
	8	RENCHUMI T KIKON	263
	9	RUKUOZONUO RUTSA	264
	10	RUOKUOVINUO SANCHU	265

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
LIMAYANGLA PONGENER	1	SONY TEP	276
	2	SOSHALE KHING	277
	3	SUPILA Y SANGTAM	278
	4	SURENE BETHEL SHUPAO	279
	5	TAICHING H W	280
	6	THEIANG B PHOM	281
	7	THEJANEINO KIMHO	282
	8	THEJAVIZO TSURHO	283
	9	THSUPANCHA YIMCHUNGER	284
	10	THUJOKHRUTO KEYHO	285

ENGLISH(2024)			
Mentor	Sl. No.	Mentees	Roll.No
DIEZENO TASE	1	TSOINIU P	286
	2	VEMHELO-U LASUH	287
	3	VENSELA YIMCHUNGER	288
	4	VIKENSHE Y	289
	5	VIKHOSA SOPFU	290
	6	VILHUKHOTO SOPHI	291
	7	VINEINUO WHUORIE	292
	8	VIZETO RIKHA	293
	9	VIZOKHONUO VIRIE	294
	10	VIZONEINUO CHUPUO	295
	11	YEVITOLI	296

Column2	Column1	COMMERCE(2024)	Column3
Mentor	SL.NO	Mentees	Roll.No
Kethosenuo Kesiezie	1	Amina Khatun	1
	2	Anmol Kumar	2
	3	Anu Chetri	3
	4	Arinthung P	4
	5	Avila M Thongliu	5
	6	Doto Vero	6
	7	Dziesevolie Solo	7
	8	Erive-ti Tsüzüh	8
	9	H Chongmei Phom	9

COMMERCE(2024)			
Mentor(2024)	SL.NO	Mentees	Roll.No
Akono Phira	1	Ighali T Chishi	10
	2	Jasmine Thong	11
	3	Kanangga Pame	12
	4	Kechaleü Sanchu	13
	5	Kenizele	14
	6	Kikrusenuo	15
	7	Lezote Duolo	16
	8	Longtikha L Mongzar	17
	9	Lothunglo R Yanthan	18

COMMERCE(2024)			
Mentor(2024)	SL.NO	Mentees	Roll.No
Vekhosa Thingo	1	Lumpila Sangtam	19
	2	M Tongmeth Konyak	20
	3	Manggouthang Chongloi	21
	4	Manpho W Konyak	22
	5	Margeret Ganga Thapa	23
	6	MD. Abul Hashan	24
	7	Mesüte Krome	25
	8	Naomi	26
	9	Nevidita K Sangma	27

COMMERCE(2024)			
Mentor	SL.NO	Mentees	Roll.No
Nozosenuo Navita Puyo	1	Nokchentoshi Imchen	28
	2	Philip Bukh	29
	3	Priya Kumari	30
	4	Priya Nath	31
	5	Reshab Chettri	32
	6	Rodino	33
	7	Rokobino Khate	34
	8	Rukriyi Shijoh	35
	9	Sanglenaro Y Chang	36

COMMERCE(2024)			
Mentor	SL.NO	Mentees	Roll.No
Khekali Sema	1	Shedulü Vese	37
	2	Sona Gupta	38
	3	Sukholu Vernai	39
	4	Suraj Kumar	40
	5	Suraj Kumar Mahoto	41
	6	Sutsuthong	42
	7	Thitizo Swüro	43
	8	Tonchingyangla	44
	9	Tongkem T Konyak	45

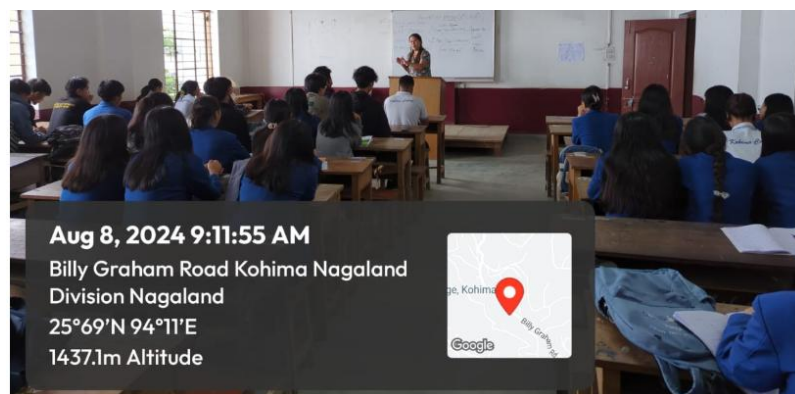
COMMERCE(2024)			
Mentor	SL.NO	Mentees	Roll.No
Zavikhoto Phinyo	1	Tsetsoi K	46
	2	Tsuyihpa S Kips	47
	3	Tunchobeni A Erui	48
	4	Vengolu	50
	5	Vesilto Cürhah	51
	6	Vitoulie Shiiya	52
	7	Vivono Semo	53
	8	Yosangchila	54
	9	Anand Kumar Gupta	55

➤ **Students' orientation for mentoring session with CRIMHRC dated 8th August 2024**

An orientation to the students' mentoring and counselling facilities available at the college was organised by the Mentoring and Counselling cell, KCK, in collaboration with three counsellors from the Carl Rodgers Institute of mental Health and Research Centre (CRIMHRC) on the 8th August 2024. This was done to create awareness about the importance of mental health and to remove any stigma and misconception about mental health for the 1st semester students who joined the college in June 2024.



Routine for Orientation of Students on Mental Health and Counselling Services offered by CRIMHRC

Sem	Time	9:00 am to 9:20 am	9:20 am to 9:40 am	9:40 am to 10:00 am
1st	Resource Person 1	Room no. 1 (Eco)	Room no. 2 (Edu)	Room no. 3 (Eng)
1st	Resource Person 2	Room no. 4 (His)	Room no. 5 (Pol. Sc.)	Room no. 6 (Socio)
3rd	Resource Person 3	Room no. 8 (Eco)	Room no. 9 (Edu)	Room no. 10 (Eng)
Sem	Time	10:00 am to 10:20 am		
3rd	Resource Person 1	Room no. 11 (His)	-	-
3rd	Resource Person 2	-	-	-
3rd	Resource Person 3	-	-	-
Sem	Time	11:00 am to 11:20 am	11:20 am to 11:40 am	11:40 am to 12:00 noon
1st	Resource Person 1	Room no. 7 (Teny.)	Conference hall (Func. Eng. & B.Com.)	-
3rd	Resource Person 2	B.Com.	Room no. 12 (pol. Sc.)	Room no. 18 (Func. Eng.)
5 th & 3rd	Resource Person 3	B.Com. (5th Sem)	Room no. 13 (Teny.) 3 rd Sem	Room no. 17 (Socio) 3 rd Sem
Sem	Time	12:00 noon to 12:20 pm	12:20 to 12:40 pm	12:40 pm to 1:00 pm
5th	Resource Person 1	Room no. 1 (Eco)	Room no. 2 (Edu)	Room no. 3 (Eng)
5th	Resource Person 2	Room no. 4 (His)	Room no. 5 (Pol. Sc.)	-
5th	Resource Person 3	Room no. 6 (Socio)	Room no. 7 (Teny.)	-



➤ **Inauguration of the Student Counselling Centre, dated 9th August 2024:**

The Mentoring and Counselling Cell, in collaboration with the Department of Education at Kohima College, Kohima, organised the inauguration of the Student Counselling Centre. The event was led by Dr Prescilla Ezong, Associate Professor in the Education Department, a prayer by Dr Ketoukhrieü, Assoc. prof & IQAC Coordinator, with the Centre officially inaugurated by the college's principal, Dr. Vitsosie Vüprü.



**KOHIMA COLLEGE, KOHIMA
INAUGURAL PROGRAMME OF
STUDENTS COUNSELLING CENTRE**

**Organised by Mentoring and Counselling Cell &
Department of Education**

**Date: 9th August 2024
Time: 12 Noon**


Ribbon Cutting

Leader: *Dr. Prescilla Ezong,
Assoc. Professor, Education Department.*

Inaugural Speech: *Dr. Vitsosie Vüprü,
Principal, Kohima College, Kohima*

About the Centre: *Mrs Lona Katiry,
Convenor, Mentoring & Counselling Cell*

**Recorder: Ms. Sangerchila
Asstt. Professor, Education Department**

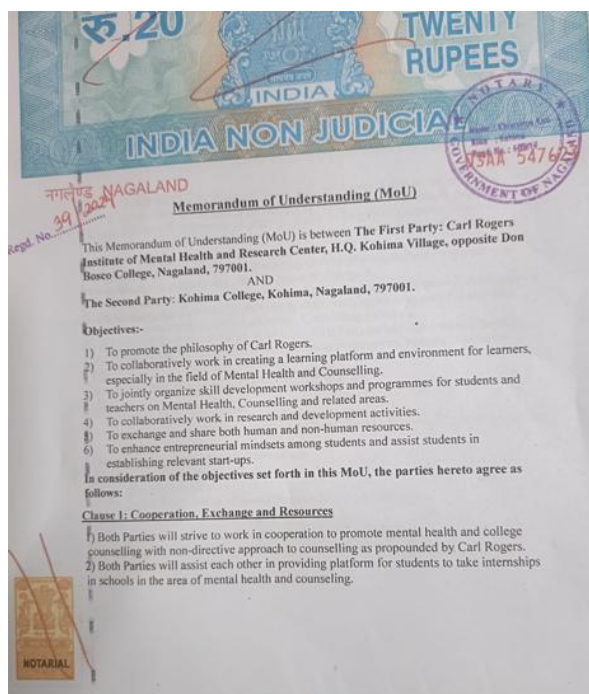




➤ **MoU with CRIMHS dated 27th August 2024:**

The Mentoring and Counselling Cell and the Education Department, on behalf of Kohima College, Kohima, entered into a Memorandum of Understanding (MOU) with the Carl Rogers Institute of Mental Health and Research Centre for a period of one year. The partnership will strive to promote mental health and counselling through a non-directive approach.





➤ **Awareness Programme on Suicide Prevention dated 25th September 2024:**

An Awareness Programme on Suicide Prevention on the theme “Changing the Narrative on Suicide” with the call to action “Start the Conversation” was jointly organised by the Mentoring and Counselling Cell, KCK, with Carl Rogers Institute of Mental Health and Research Centre (CRIMHRC) at the Conference Hall, Kohima College, Kohima on the 25th September 2024 at 11:30 am.

Eighty-four (84) students of the College, representing the Students Council, Evangelical Union, Friends of Nature, and a few other volunteers from the 1st-semester Tenyidie and Economics Departments, attended the program. The resource person for the event was Ms Anupam Talwar Kohli, a counselling psychologist and career counsellor associated with CRIMHRC.

The program began with a prayer by Ms. Kevi, Counsellor CRIMHRC. Ms. Khekali Sema, Assistant Professor, Department of Commerce, KCK, delivered the Welcome address. The Convenor, Mrs. Lona Katiry and Secretary, Dr. Petevino Chase the Mentoring and Counselling Cell attended the program.

The objective of the program was to acquaint the students with the importance of transforming our perception of suicide, from a culture of silence and lack of understanding to one of openness, empathy, and support. To achieve this, Mrs. Anupam divided the students into 10 groups and they were made to come up with a skit each on how friends and family will supposedly deal with suicide in their culture. After the presentations of the skits, Ms. Anupam gave a speech on how it is important to recognize openness and honest discussions about suicide and suicidal tendencies. She inspired the young students with a challenge to break down barriers, raise awareness, and create better cultures of understanding and support. The program was a great success as we witnessed active


participation from the students in working out the plot, characters, and scripts of their skits with much creativity and enthusiasm.



The attendance of the students who participated in the awareness program on suicide prevention

Mentoring and Counseling Cell

Awareness Programme on Suicide Prevention
 "Changing the Narrative on Suicide" with
 the call to action "Start the Conversation"


 25th Sept, 2024

Sl.no.	Name	Roll no & Sem	Dept.
1	Apang N. Konyak	4, 5 th semester	Economics
2	Rokobakie	42, 5 th Semester	Economics
3	w. gonito yamshangjor	65, 5 th Sem.	Economics
4	Chandemo w. Topoe	6, 3 rd Sem	Economics
5	Jenirwuo Khegie	15, 3 rd Semester	Economics
6	Skimyo L	29, 3 rd Semester	Economics
7	Kiphegonuo Abana	525, 5 th Semester	Tangdic
8	Keneleino zunu	495, 5 th Semester	Tangdic
9	Sarah Ezung	380, 5 th Sem	Political Science
10	Vita pohona	311, 5 th Sem	History
11	Lanyem Konyak	20, 3 rd Sem	Commerce
12	Parptak L. Konyak	140, 3 rd Sem	Education
13	Njumeino Nancy Chishi	241, 3 rd Sem	English
14	Kamala	209, 3 rd Sem	English
15	Rakewi Paluma	247, 3 rd Sem	English
16	Yato Chizon	689, 1 st Sem.	English
17	T. Nahman Konyak	42, 3 rd sem.	Tangdic
18	Dolema Vinchinger	07, 3 rd sem	Commerce
19	Ketouzo Soppinuo	637, 1 st sem	Tangdic
20	Stethaidin Soppinuo	636, 1 st sem	Tangdic
21	Money Kwozho	25, 5 th Sem	Commerce
22	Mumulu	177, 6 th semester	English
23	Kitkogwanle	904, 3 rd Semester	Political Science
24	KESOSIED METHA	338, 5 th Sem	Political Science

STNO	NAME	NO. & SEM	DEPT
25.	Ngukheri	367, 5 th Semester	Political Science
26.	Victor Kogo	401, 5 th Semester	Political Science Dept
27.	Mika K. Choppy	148, 5 th Sem.	Political Science Department.
28.	Nguyen T. Khanh	193, 5 th sem	English Dept
29.	Panika	474, 5 th Semester	English Dept.
30.	Kamsala T	21, 5 ^A Semester	Biology
31.	Rovibito Knuse	36, 3 rd sem	Economic Dept.
32.	Khiatu Y	18, 5 th sem	Commerce
33.	Sutsu thong	42, 1 st sem	Commerce.
34.	Khutymuro Kante	671, 2 nd sem	Commerce.
35.	Nulimoti Tedao	671, 1 st semester	Tanyidie
36.	Ningusano Hoshi	663, 1 st semester	Tanyidie
37.	Shekaki Terera	685 1 st semester	Tanyidie
38.	Muniki Lala	656 1 st Semester	Tanyidie
39.	Chumano Z. Mwangi	213 5 th Semester	History
40.	Alkhoray Kopii	352 1 st Semester	History
41.	Karigin Wannai	857 1 st Semester	History
42.	Shenwang	64 1 st Semester	Economic
43.	Sejinhoino Kyri	588 3 rd Semester	Tanyidie
44.	Daniel K. Konyak	17, 1 st semester	Economics
45.	Ziga Zhalia	654 3 rd Semester	Sociology
46.	Vilabizo KESITSU	596 3 rd Sem.	Tanyidie
47.	Rulerdu	117 5 th Sem	Education
48.	Nudelu vero	584 3 rd sem	Tanyidie
49.	Yeshiba Achani	463 3 rd sem	Pol. science
50.	Sifinto kati	355 3 rd sem	History
51.	Lemethong	221 3 rd Sem	English

Sl. no.	Name	Roll no.	Sem.	Dept.
52	Koththosi Mayra	31	1 st semester	Economics
53.	Lipavi Dehumi	237	1 st semester	English.
54.	Shangthai Angh	470	5 th semester	Sociology
55.	Chalieruo Helua	539	1 st semester	Sociology
56	Meretoni Nana	145	1 st semester	Education
57	Rerjano E Hureba	165	1 st Semester	Education
58	Lijani Koina	472	1 st semester	Political Science
59	WATI LKP	531	1 st semester	Political Science
60.	Thjanganitun Thuo	319	1 st semester	Pol. Sc
61. 61	Basutali Seseo	201	1 st semester	English.
62	Lolika shaji	124	3 rd Semester	Education
63.	Tekhenyeu Tahah	74	1 st semester	Economics
64	Leang L. Konyak	36	1 st semester	Economics
65	Apila I. Sangam	6	1 st Semester	Economics
66	Beeenik L. Seta	12	1 st Sem	Economics
67	Kidmaka	46	1 st SEM	Economic
68	Thulenchi Y	76	1 st Sem	Economics
69	Leparla	37	1 st sem	Economics
70	HENTOK 3-L	163	1 st sem	Economics
71	Chutaku C. Pupitor	155	1 st sem	English. Dept.
72	SOTHO TAP	454	3 rd sem	pol science
73	YALICHU D. FEEDHU	313	5 th sem	HISTORY.
74	Sinbela moli	358	5 th sem	Pol. Science
75	Dwa Thia	322	3 rd sem	pol. science
76	Mulud Puro	274	5 th sem	History
77	T. melang Sangyong	542	3 rd sem	Sociology
78	Thyongyo Kaitin	67	3 rd sem	Economics
79	Pelkharieruo	674	1 st Sem	Tenzidic

Sl. no.	Name	Roll no.	Sem.	Dept.
80	dengsoi	235	1 st sempt	English
81	Kidoniwango Nana	572	1 st Sem	Sociology
82	Pawa Kama Kuchoda	51	3 rd Sem	Economics
83	Kethosili Saffino	636	1 st sem	Tenzidic
84	Ketozo Saffino	637	1 st sem	Tenzidic

➤ Meeting Minutes and actions taken reports

Mentoring and Counselling Cell

Kohima College, Kohima

18th March 2025

Meeting minutes

A meeting of the Mentoring and Counselling Cell was held at the college library on the 18th March 2025. The meeting presided by the Convenor, and two other members deliberated on the agenda of the meeting. The members present were:

Mrs. Lona Katiry	Convenor
Ms. Khekali Sema	Member
Dr. Petevino Chase	Secretary

The following agenda were discussed-

1. To remind the respective departments to maintain information on mentor-mentee ratio and mentoring reports for each academic year.
2. Designed a proforma for mentors to record their mentoring sessions for an academic year, including dates of mentoring sessions, remarks and follow-ups
3. Prepared a mentoring scheme timetable for the current students B.A. and B.Com. 2nd, 4th, and 6th semesters.
4. It was also decided that mentees that require professional counselling will be referred to the professional counsellors of the CRIMHRC from 8th April 2025 onwards.
5. Regarding the Plan of Action for the session from March 2025 to Dec 2025, a seminar has been proposed to be held on a working Saturday, and the date is tentatively fixed in August 2025. The theme of this seminar will broadly focus on "Addiction"; the target participants will be the current B.A./ B.Com. 2nd-semester students.



Mrs. Lona Katiry
(Convenor)



Dr. Petevino Chase
(Secretary)



Ms. Khekali Sema
(Member)

Actions Taken:

1. A proforma designed to maintain mentoring sessions for mentors.

Mentoring and Counselling Cell

Kohima College, Kohima

Name of the Mentor: _____

For the session: July _____ to June _____

Name of Mentees	Semester Department & Roll number	Date of the Counselling & Mentoring Sessions		Remarks
		1 st Session	Follow up	

2. Timetable for mentoring sessions for BA and BCom 2nd, 4th and 6th semesters.

Mentoring and Counselling Cell

Kohima College, Kohima

Mentoring Scheme Time-Table for March to June 2025

Semester	Days	Time
B.A./ B.Com. 2 nd and 4 th Sem	Monday to Wednesday	12 noon to 2 pm
B.A./ B.Com. 6 th Sem	Thursday to Saturday	

Professional Counselling Service from CRIMHRC - 8th April 2025, Tuesday